



FIRST 5
BUTTE COUNTY
CHILDREN & FAMILIES COMMISSION

COMMISSION MEETING MINUTES - DRAFT
Friday, October 27, 2017

A regular meeting of the First 5 Butte County Children and Families Commission came to order at 9:05 a.m. in the Tahoe Room at 202 Mira Loma Drive, Oroville, California.

Commissioners present: Chair John Burghardt, Shelby Boston, Maureen Kirk, Sandra Machida, Andy Miller, Cathy Raevsky, Vice-Chair Tim Taylor, Lorenzo Tobias. Commissioners absent: Seng Yang. Staff present: Yvonne McQuaid, Anna Bauer, Troy Franzen. Staff absent: Eva Puciata. Others present: representatives from Butte County Child Abuse Prevention Council, Butte County Office of Education, Butte County Public Health, Northern Valley Catholic Social Services, Northern Valley Indian Health, Youth for Change, Everybody Healthy Body presenters, and CSU Chico students.

Item 1. Call to Order, Introductions, Agenda Review

There were no changes.

Item 2. Public Comment

Members of the public were invited to comment on matters within the Commission's purview that are not on the agenda, and address the Commission for up to three minutes each. The Commission cannot take action on any matter not listed on the agenda, but may provide staff direction.

Kelly Doty of Youth for Change thanked the Commission for funding the Family Resource Fair which was held in mid-October in Paradise. Approximately 270 people attended.

Margie Ruegger of the Butte County Child Abuse Prevention Council endorsed the free parenting classes offered through Butte College Foster Kinship Care. They are held in Chico, Oroville, and Paradise. Child care during the classes so parents are free to attend is a need; could First 5 help?

Item 3. Consent Calendar

Consent Calendar items are considered routine and are voted on with one motion, unless a member of the Commission or the public requests discussion on an item.

- A. Approve Commission Meeting Minutes – August 25, 2017
- B. FY 2016-17 Fourth Quarter Financial Report
- C. Approve a contract with Help Me Grow Consultant Susan Morris Wilson, in an amount not to exceed \$50,000
- D. Approve recommendation to the Butte County Board of Supervisors the appointment of Dr. Lourdes Valdez to fill the regular commissioner vacancy, and Mr. Dorian Kittrell to fill the alternate commissioner vacancy
- E. Approve up to six additional \$2,500 mini-grants (total of \$15,000) to be granted by the Director in the current fiscal year

MOTION: I MOVE TO APPROVE THE CONSENT CALENDAR. Commissioner Kirk made the motion and Commissioner Machida seconded.

VOTE: THE MOTION PASSED UNANIMOUSLY.

While the conference call for agenda item four was being set up, Director McQuaid welcomed Lourdes Valdez M.D. as Commissioner (who was present), and Dorian Kittrell, Director of Butte County Behavioral Health, as Alternate Commissioner. Commissioner Kittrell and also Help Me Grow Consultant Susan Morris Wilson will be joining us at the December meeting.

Item 4. Annual Audit, Fiscal Year 2016-2017; and Public Hearing

Jennifer Jensen, CPA, of Jensen Smith Certified Public Accountants, Inc. in Lincoln, California, said the audit went very smoothly.

The firm has given a clean opinion on both the financial and compliance audits. First 5 Butte is one of the audits the firm likes to do as everything is very well organized and the financial statements are put together in such a way that no audit adjustments are needed. Jennifer Jensen walked the Commission through the statements and audit reports page by page.

Chair Burghardt opened the Public Hearing. Commissioner Machida remarked that every year the audits have been clean, and commended staff. Chair Burghardt said a great deal of time, organization, compliance with rules, and hard work is behind a clean audit. There were no other comments and the Public Hearing was closed.

Statute requires the annual audit to be submitted by the auditor to the State Controller and First 5 California no later than November 1st each year.

Item 5. Annual Report, Fiscal Year 2016-2017 and Public Hearing

The Commission reviewed the annual report financial section and infographic prepared by staff. Director McQuaid explained the AR1 report distributed the FY16-17 expenditures into First 5 California categories, so the state can compile the data into a state annual report. The infographic captures information from both First 5 Butte expenditures and program narrative reports submitted to the state.

Statute requires the annual report to be submitted to First 5 California no later than November 1st.

Chair Burghardt opened the Public Hearing on the Annual Report. Heather Senske of the Butte County Office of Education said she feels 20% of expenditures is not adequate for Improved Child Development; and wishes us to do more. We should endeavor to serve the children directly, not just families, especially children with mental health issues. Child care workers need to be trauma-informed.

There were no other comments and the Public Hearing was closed.

Item 6. Everybody, Healthy Body Presentation

Chuck Nadeau of Everybody, Healthy Body, a new non-profit, shared information about a proposed project for just south of Chico--a sports/ education/ recreation/ housing community promoting an active wellness lifestyle. A unique aspect of the proposal is that it includes plans for a children's Paralympics training center.

The Chair called a 5-minute break and the meeting resumed at 10:05a.m.

Item 7. Voluntary Community Prescribing Guidelines

Commissioner Miller spoke to the Commission about Butte County's high rate of addiction to opioid medications. Butte County professionals prescribe six medications for every person in the County per year; the national average is three.

There is very little evidence that opioids help patients, and good evidence that opioids harm them. Eighty-percent of new heroin users had used a prescription narcotic medication first. The United States makes up 5% of the world's population, yet uses 80% of the world's painkillers. The U.S. uses 99% of the world's hydrocodone, the active ingredient in Vicodin and Norco.

Other jurisdictions are not focusing on changing prescribing, but that is key (moving upstream as in Systems Change). Teams of doctors have met and created a *Voluntary Community Prescribing Guidelines* poster, to be posted in offices and clinics throughout the County, to help guide and support clinicians in difficult situations with patients.

Commissioner Miller asked the Commission to endorse the guidelines. By giving its endorsement, the First 5 logo will be one of many (such as the Butte County Sheriff, Enloe, Rotary, etc.) included on the poster recommending the sparing prescribing of narcotic medications.

MOTION: I MOVE THAT WE APPROVE THE GUIDELINES, AND ALLOW OUR LOGO ON THE POSTER. Commissioner Kirk made motion. Commissioner Machida seconded.

VOTE: The motion passed unanimously.

Commissioner Burghardt stated he wished we paid more attention to all of our community members' drug problems; not just when it's a middle-America drug problem.

Item 8. Committee Reports

8.1 Administration Committee

Commissioner Burghardt said the Committee met on October 18, and interviewed two very good candidates for Alternate Commissioner and selected Dorian Kittrell to recommend to the full Commission.

Committee members reviewed the FY16-17 financial statements prepared by staff and the audit reports prepared by Jensen Smith CPAs; and also reviewed the fourth quarter financial report. Publicly documenting plans regarding proposed use of the fund balance ensures the Commission remains transparent in its use of taxpayer' monies.

The Committee discussed recommending another six mini-grants of \$2,500 each to be awarded by the Director, as the \$15K budgeted for mini-grants has already been awarded at half-year. Some (\$2K) of the professional development budgeted monies are supporting ten emerging Family Strengthening leaders through a project known as On The Verge, which is funded through the Office of Child Abuse Prevention.

Commissioner Boston asked for a presentation on the On the Verge project. It will be on a future meeting's agenda.

8.2 Strategic Plan & Evaluation Committee

Commissioner Raevsky reported the Committee met on September 22 and October 13. Committee members reviewed and discussed several grantee annual reports. Members also discussed the meeting format for reviewing the grantee annual reports. Staff was requested to research how meetings might be structured to allow for more individualized conversations, especially when there are concerns to be discussed. An atmosphere of respect and openness between grantees, staff, and commissioners is a high priority for committee members.

Committee members also began reviewing discussion points from the August 25, 2017 Commission meeting, which was focused on the Systems Strengthening Initiative.

8.3 Health Committee

Commissioner Machida reported the committee last met and evaluated the Help Me Grow consultant applications, and chose Susan Morris Wilson.

8.4 Director's Report

Director McQuaid said staff has been working on everything on the agenda, and thanked staff for stepping up and carrying on while she was away much of the time in October.

Item 9. Commissioner Comments

Commissioner Raevsky announced the Public Health Department has received its long-worked for National Accreditation. This means its processes and standards are among the highest in the nation.

Commissioner Taylor spoke about the Commission making a declaration of support for ACES work. The Butte County Office of Education board has passed a Resolution. Having a public show of support makes it easier to apply for grant funds. Commissioner Taylor will provide the resolution wording to the Board of Supervisors and First 5.

Commissioner Miller spoke about how important immunization is to children's health. Since mandatory immunization for public school attendance was put into place (SB277), permanent medical exemptions have increased five-fold.

Director McQuaid called Commissioners' attention to the 2018 meeting calendar in the packet.

There being no further comments or formal business before the Commission, the meeting adjourned at 10:47 a.m. The Commission will reconvene on Friday, December 15, 2017, at 9:00 a.m. at the African American Family and Cultural Center, 3300 Spencer Ave., Oroville, California 95965.

Minutes by Yvonne McQuaid and Eva Puciata.

Approved _____