



The 5 Protective Factors

Parental Resilience
 The ability to manage and bounce back from all types of challenges that emerge in every family's life

Social Connections
 Having friends, family members, and others to provide emotional support, help solve problems, offer parenting advice and give concrete assistance

Concrete Support in Times of Need
 The ability to meet basic needs like food, shelter, clothing and health care and to access services and supports in times of crisis.

Knowledge of Parenting and Child Development
 Accurate information about child development and appropriate expectations for children's behavior at every age

Social and Emotional Competence of Children
 A child's ability to interact positively with others, self-regulate their behavior and effectively communicate their feelings

Initiatives

- **Health** - Ensuring the overall health of children and pregnant women
- **Family Strengthening** - Ensuring families and caregivers have the resources and support needed to help their children thrive
- **Systems Strengthening** - Building the capacity and sustainability of systems and programs serving young children and their families

The 3 Levers for Change

Parent Partnerships:
 Parents are consistently involved as decision-makers in program planning, implementation and assessment.

Professional Development:
 Professionals at every level are trained to orient their work around a consistent message focused on Strengthening Families.

Policies and Systems:
 Platforms for coordination across diverse initiatives are created and linkages among agencies using Strengthening Families as a basis for their work are reinforced.