



A BETTER FUTURE FOR ALL CHILDREN BEGINS WITH **HELP ME GROW**

Advancing Developmental Promotion,
Early Detection & Linkage to Services

www.HelpMeGrowNational.org

STRONG FAMILIES
CONNECTED COMMUNITIES
BUILDING HELP ME GROW SYSTEMS NATIONWIDE

 **Help Me Grow**[®]
National Center

WHY HELP ME GROW MATTERS

Experts agree: Early detection and connection to services lead to the best outcomes for children with developmental or behavioral challenges.

Early detection is critical for the 12 to 16 percent of all American children who experience developmental or behavioral problems. Families and providers need support in navigating the complex array of community-based services and supports available to promote children's optimal health and wellness.

HOW HELP ME GROW WORKS

The Help Me Grow system builds on existing resources to ensure communities identify vulnerable children and link families to community-based programs and services through the implementation of four Core Components:

- **Child Health Care Provider Outreach**, providing office-based training to support early detection and intervention, and use of the HMG call center.
- **Family and Community Outreach** promotes HMG, facilitates provider networking, and bolsters children's healthy development through families.
- **A Centralized Access Point** serves as the hub to link children and their families to community based services and supports, while providing seamless care coordination.
- **Ongoing Data Collection and Analysis** helps identify gaps in and barriers to the system, and continuous quality improvement processes refine all aspects of the system.

The HMG National Center provides technical assistance to a National Network of affiliates to support implementation of the model and diffuse innovative system enhancements.



ALIGNED INITIATIVES

Early Childhood Comprehensive Systems

Reach Out & Read

Race to the Top

Strengthening Families

Early Head Start

Home Visiting

Project LAUNCH

Learn the Signs. Act Early.

THE HELP ME GROW SYSTEM SUPPORTS CHILDREN, FAMILIES, PROVIDERS AND COMMUNITIES IN VITAL WAYS.

Providers and families have the information, resources, and support they need to help their children succeed.

Child health care, early care & education, and human service providers can identify vulnerable children and partner with families to support them.

Public officials and other stakeholders can address gaps in available services and build adequate capacity to meet the needs of children and families.

Communities can see a high rate of return for investments in quality early childhood systems through improved short- and long-term outcomes.



"One of the most attractive characteristics of Help Me Grow is that it is elegant in its simplicity."

—Dr. Paul Dworkin, Founder, Help Me Grow