

Butte County Mothers Strong
Friday, January 5, 2024
9:00am-10:00am

- I. **Welcome and Agenda Review: In attendance:** Melody Sprague- Northern Valley Indian Health (NVIH), Erin Morrissey- North Valley Community Foundation CARE Team and Thrive, Evelyn Jones Public Health Maternal Child and Adolescent Health (MCAH), Lin Edwards- E Center Head Start, Moorea Blythe- Families First and private practice, Tiffany Lang former Behavior Health now Private Practice, Heather Duggins Butte County Office of Education Early Childhood Mental Health, Kate Sheehy Public Health WIC, Lori Silva Enloe Health Mother Baby Care Center, Rachel Butte County Office of Education Family navigator, Julie Torok- Cloverleaf Family Counseling, Nicolas Flores- Chico Counseling Center, Pahoua Yang- Hmong Cultural Center, CeCe Pace Public Health, Nurse Family Partnership, Anna Bauer First 5 Butte, Georgia St. Louis First 5 Butte

- II. **Zoroanolone Update: FDA approved postpartum depression treatment.** Georgia provided an overview of Zaranalone and shared information she received from Mother to Baby. Suggested members working directly with moms can refer to the following resources when providing moms with information: [ACOG Clinical guidelines](#), [Maternal Mental Health Leadership Alliance](#), and [Mother to Baby](#).

- III. **Update on Help Me Grow: Mothers Strong Update**

First 5 staff summarized their meeting with Behavioral Health and reiterated that BH has a no-wrong-door philosophy, and providers can refer families to their services both directly and indirectly through Behavioral Health community partners. County partners are encouraged to reach out directly with Behavioral Health and set up a three-way call if the caregiver is amenable.

The coalition discussed the new 24-hour mobile crisis services provided by Behavioral Health. It was pointed out that PMAD moms are not usually experiencing the level of crisis that would make them eligible for crisis services. The goal of Mothers Strong is to ensure that families don't have to get to that level to receive services.

First 5 staff continue to meet with their partners at Behavioral Health to help understand and refine the process of getting families connected to the appropriate level of care. Staff reminded the coalition that referrers should ensure that caregivers and children are safe, and that Mothers Strong is not a crisis referral. The coalition will continue to work on developing and refining the pathways for supporting families.

- IV. **Program/Partner Announcements and Updates**
 - **Evelyn-** MCAH has developed a list of local doulas. One of the doulas is eligible to receive the DHCS Doula benefit through Medi-Cal. MCAH will facilitate a meeting with the Doulas and will coordinate with WIC to ensure that there is a Public Health point person who is reaching out the Doulas in an effort to maintain an up-to-date list of practicing Doulas. First

5 staff offered to promote the Doula list on the Mothers Strong webpage if there were assurances that it would be updated regularly.

- i. **Nurse Family Partnership** is up and running and accepting referrals. Partners can refer families through the [Village](#).
- **Lori-Enloe** is hosting a [Mother Baby Symposium](#) on February 16. Told members to register and learn more on Enloe's website.
- **Heather-BCOE** hired a licensed clinician for the schools and are providing 10 ½ hours to state preschool sites.
- **Julie-** Cloverleaf is moving offices into the old Counseling Solutions office (March). They have a meeting room, where they plan to provide mommy-me and infant massage. They have partnered with NVCF for Family Enrichment and can provide mental health therapy for \$40 a session, either in-office or in home to care providers or soon-to-be care providers with one or more stressor. Working to accept Medi-Cal in the next few months and currently accepts CA Victim/Witness-Cloverleaf can help walk caregivers through whether they qualify for VW as it's open to any person, regardless of their age. Cloverleaf will be providing the second annual Winter Family Carnival at Helen Wilcox school. It's still in the planning phase.
- **Moorea-** Is not paneled with Partnership and MediCal and is accepting new patients. She specializes in 0-5 and trauma-history but will take any ages. Families First just received a grant to expand Trauma Informed services.
- **Melody-** NVIH Children's Services is Piloting a program to implement the new Dyadic Care Medi-Cal benefit. They are also going to train her in Triple P and aim to provide group caregiver support to caregivers that are patients or have a child that is a patient in the future.

- V. [MHSA Community Input Survey](#) Members discussed the importance of attending these meetings to advocate for services that support the needs of caregivers and young children. More information will be shared with coalition members prior to first session.

Next Meeting: April 5, 2024

Non-Agendized

Upcoming Trainings:

- Postpartum Support International: Perinatal Mood Disorders: Components of Care Training
 - January 24-25, 2024 via Zoom
 - February 7-8, 2024 in Denver, CO
- [2024 Maternal Mental Health Conferences](#)

Articles:

- **CNN Health:** [First postpartum depression pill now available in the Us, drugmakers say](#)
- **CBS News:** [Recognizing the signs of postpartum depression](#)

- **Policy Center for Maternal Mental Health:** [My Reflections: The CBS Sunday Morning Interview *What the Segment About Postpartum Depression Missed*](#)
- **Policy Center for Maternal Mental Health:** [Zurzuvae, the New Postpartum Depression Drug Now Available in the U.S. - This is How Insurers Have Responded](#)