



## Health Committee Meeting Summary

Friday, January 22, 2021

[Zoom Conference](#)

Meeting ID: 506 439 0481

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**Commissioner Members:** Dr. Lourdes Valdez, Seng Yang, Holly Kralj

**Staff Support:** Anna Bauer, Kimberly Brooke, Stacy Piper

**Others:** Michelle Lucero, Butte County Office of Education; Tara Sullivan-Hames, Help Central

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**Item 1**      **Welcome and Introductions**

**Item 2**      **[Help Me Grow Update- Discussion](#)**

The committee received the Q1 and Q2 Performance Analysis report for Butte County Office of Education and Help Central Inc.

**Item 3**      **[Strategic Plan- Health Initiative](#)**

Director Bauer presented the Health Initiative and budget for the 2021-26 Strategic Plan. Committee members proposed and discussed strategies to address initiative indicators. There was agreement that the Commission did not need to directly fund a program or organization for each initiative, but rather provide support and assistance when appropriate. Commissioners Dr. Kralj and Dr. Valdez emphasized the current lack of and availability of maternal mental health services available in the community and the need to increase those services. The committee discussed the possibilities that the Unite Us platform will bring and the potential of how HMGB could expand to provide prenatal and postpartum services. The committee posed the greater question of what are the integrated options that are evidence based. What are other counties doing that is working, and how can we incorporate those strategies into Butte County.

**Item 4**      **Commissioner Comments**

**Item 5**      **Next Meeting**

The Health Committee will meet on March 26, 2021 from 10:00 – 12:00 pm. Members are encouraged to propose agenda items for the March 26 meeting.

[November 13, 2020 Health Committee Meeting Summary](#)