

Embracing Motherhood Support Group

Come join us as we create a nurturing and supportive group for all the stages that motherhood has to offer.



WHEN: TUESDAYS

TIME: 10 am – 11:30 am

WHERE: Perinatal Healing

COST: FREE Support Group for moms. Babies in arms welcomed. Donations are always accepted and appreciated to keep the longevity of the group.

In addition to group based therapy, individual therapy is offered as well. If you feel like you would benefit more with individual therapy, please reach out with the contact information below and we can better assist you.

Location:

Perinatal Healing

1294 E First Ave, Suite 120

Chico Ca, 95926

(diagonal from In Motion Fitness)

530-588-5817

email: gailgarica@perinatalhealing.org

Follow us on Instagram to stay up to date with new information regarding our services and group meetings: @perinatalhealing

